



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>PATTERN MAKING</p> <p>Use blocks or toys and make a pattern. Find patterns around your home.</p> <p>youtube.com/watch?v=a9wt4K5Zup0</p>	<p>SING IT!</p> <p>Songs with finger actions</p> <p>youtube.com/watch?v=xyvhQZVRol8</p>	<p>PLAYDOUGH NUMBERS</p> <p>Find a number book and use it to make numbers with playdough!</p>	<p>PLAY WITH WORDS</p> <p>Clap the syllables in your name. Find other words to say and clap the sounds or play it on a saucepan!</p> <p>youtube.com/watch?v=9S-7DY2lgJlU</p>	<p>MUSIC AND RHYTHM</p> <p>Learn modern dance moves with Aboriginal dancers! Can you make up your own deadly dances?</p> <p>moveitmobstyle.com.au/</p>

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SNIPPING WITH SCISSORS</p> <p>Practice snipping skills, cut pictures from a magazine or cut playdough (or plain flour mixed with water) Adult supervision required.</p>	<p>MAKE IT!</p> <p>Draw a picture and replicate the design using blocks. Take a photo of your block creation and share it with us.</p>	<p>OUTDOOR PLAY</p> <p>Find insects in the garden with an adult family member and take a photo!</p>	<p>FUN SCIENCE!</p> <p>Put water, food colouring and oil into a recycled plastic bottle to make a lava lamp. Watch the oil and water move around the bottle. Adult supervision required.</p>	<p>MAKE LUNCH TOGETHER</p> <p>Adult to give clues to which ingredients are required for example: 'Can you find something that starts with the sound h?'</p>

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>READ A BOOK TOGETHER</p> <p>Talk about the cover, title page, author, illustrations and what the story was about. Draw a picture and let us know what you are reading!</p>	<p>MAKE AN AFTERNOON TEA TREAT TOGETHER</p> <p>Talk about measurements and ingredients needed. Please share your recipe with us.</p>	<p>VIRTUAL ZOO TOUR</p> <p>Watch Animals in the wild or choose your own live feed to watch at Taronga Zoo on YouTube.</p> <p>explore.org/livecams</p>	<p>THREADING CARDS</p> <p>Put holes in an old greeting card, or cardboard box, use ribbon to weave in and out. Decorate and display!</p>	<p>LEAF COLLAGE</p> <p>Collect coloured leaves and create a picture using found objects from around your garden. Take a photo of what you have made and return the items back to your garden.</p>

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>IMAGINATIVE PLAY</p> <p>Dress up and have a tea party, make a cubby or pretend you are at school with your toys.</p>	<p>GET ACTIVE</p> <p>Make an indoor or outdoor obstacle course. Time how long it takes to go through. Take a photo and share it with us!</p>	<p>CANDLE PAINTING</p> <p>Draw a picture on paper using a white candle, then go over your picture with water colours. Tip - use food colouring and water to make paint.</p>	<p>LET'S GO BOWLING!</p> <p>Use bottles or cans and a ball to create a bowling game - this can be played indoors or outdoors.</p>	<p>READ A BOOK OUTDOORS</p> <p>Read fiction and nonfiction books outside. Talk about the pictures and tell us one thing you learned from your stories.</p>