



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OUTDOOR PLAY Set up a game of bowling using empty cans or bottles with a small ball.	SCIENCE EXPERIMENT Make your own cloud in a jar. Place an ice cube on top of a jar filled with hot water. Adult supervision required.	TRANSITION TO SCHOOL Role play being at the museum. Collect and display child's treasures. Make small signs and ask your child to give a talk about their collection.	VISUAL DRAWING EXPERIENCE Place strips of masking tape on some paper, colour the entire paper using paint or crayons. Peel off the tape to discover the effect.	OUTDOOR WALK Have a walk around your home and play I spy with my little eye.

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRANSITION TO SCHOOL Select a favourite book and act out the story.	COOKING EXPERIENCE Make individual pizza muffins for lunch.	ONLINE READING The Very Cranky Bear https://www.youtube.com/watch?v=GX-DUPITy4I	TRANSITION TO SCHOOL Collect old cards, ribbons, wool, foil, string and stamps to design a story book.	LITERACY EXPERIENCE Set up your own shop using clothing, objects, shoes from around the house.

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENSORY Make a sensory box using measuring cups and measuring spoons, jugs or cups with water – add some bubble mix!	FLASHLIGHT FUN Make up a story at bedtime by turning off the lights and use a flashlight to make up the characters.	OUTDOOR ACTIVITY Listen to sounds in the outdoors, what can you hear?	COOKING EXPERIENCE Make oatmeal cookies, this is a fun way to build on literacy and maths. Use your fine motor skills to mix and form balls with the mixture.	TRANSITION TO SCHOOL Make your own playdough, measuring the ingredients. Add some paddle pop sticks, flowers and leaves from the garden.

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DANCING AND MOVEMENT Do the Hokey Pokey. This promotes movement and coordination, while following and listening to the directions.	TRANSITION TO SCHOOL Measure the TV, table and chairs using a measuring tape. You could even make a graph!	FINE MOTOR Use tweezers, pegs, small tongs to pick up small objects or fruit to eat.	OUTDOOR ACTIVITY Waterplay, wash your toys in warm water. Adult supervision required.	ACTIVE PLAY Make a target out of a cardboard box to throw a small ball or bean bag through. Try throwing underarm!