



# **PLAY-BASED LEARNING SCHEDULE**

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PLAY OUTSIDE	COOKING EXPERIENCE	COLOUR NATURE SCAVENGER HUNT	VISUAL DRAWING	SCREEN TIME – SUSTAINABLE CLIPS
Play diyari koolchee	Fruit Kebabs			
Rebound a ball off the wall to hit a skittle.	Use a variety of colourful fruit, allow children to assist cutting the fruit to place on skewer.	Take a walk in nature and talk about the colours you see. Take photos then recreate the colours in a drawing.	Use a variety of cut out images and glue them together. Make a view finder with another piece of paper and draw what's inside your viewfinder.	https://www.dirtgirlworld. com What does it mean to be green? https://youtu.be/ lieN18OTIME

#### **BREAK TIME**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LITERACY</b> Draw/ write out shopping list items and match them in the shop.	<b>GARDENING</b> Plant some seedlings to create a relaxation garden outside.	ONLINE READING Check out some cultural focused stories on YouTube Sorry day <u>https://youtu.be/</u> m32cvvJ0tqE	EPHEMERAL ART MAKING Go outside, use the sticks/leaves/rocks in your immediate surroundings. What can you create? <u>http://www. jamesbruntartist.co.uk/</u>	<b>LITERACY EXPERIENCE</b> Mini alphabet story bin - in a box gather up toys/items all starting with the same letter. Create a story using this letter.

### LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENSORY	LETTER HUNT	COOKING EXPERIENCE	COOKING EXPERIENCE	DRY ERASE SCIENCE
Use a bucket of water and paint brush to paint along outdoor surfaces. Explore how being outdoors impacts the water drying.	Cut out hand written letters. Hide around the home for children to find, then place on paper to create known words or names.	Make a salad in a jar for lunch. Children can select ingredients, cut (with help) and place in to the jar.	Bliss balls https://www.kidspot.com. au/kitchen/recipes/tod- dler-friendly-bliss-balls-reci- pe/vfu21pcr	Use a white board marker, draw on a glass plate and add water. Watch your drawings come alive as they move off the plate.

### **SNACK TIME**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DANCING TIME	NUMBER HUNT	FINE MOTOR	ACTIVE PLAY	ACTIVE PLAY
Taba Naba (Torres Strait Islander sit down dance), Freeze Dance	Cut out a variety of hand written numbers, hide around the home for children to find and place in order.	Weaving - use paper cut up in long strips to weave together.	Brambahl from Narran River in NSW is a skipping game where players perform various actions.	Play Mok a Bandi, a game from North Queensland - a guessing game similar to 'l spy'.

CHILDREN'S SERVICES PENRITH CITY COUNCIL

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