



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PLAY OUTSIDE Create a hopscotch. Use the game for number recognition and counting	COOKING EXPERIENCE Pizza Scrolls, use puff pastry, pizza toppings or vegemite and cheese	NATURE SCAVENGER HUNT Go on a walk and find materials as you explore, take them home and get creative with some paper and glue	VISUAL DRAWING EXPERIENCE Choose an item from around the home or garden, can you draw it? What shapes do you need to use?	SCREEN TIME Have a look at this https://www.dirtgirlworld.com

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITERACY Choose a story and create the characters by dressing up and making props	COSMIC KIDS YOGA https://www.cosmickids.com	ONLINE READING Check out this favourite story - "Room on the broom" https://www.youtube.com/watch?v=XRany_OScms	ART TIME Make water paint. Freeze some coloured water in ice cube trays, add a paddle pop stick or toothpick. Paint a picture	LITERACY EXPERIENCE Make up your own story, ask Mum/Dad to write it out for you on paper. Can you illustrate your story?

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENSORY Make some Gloop . Ingredients: One cup of cold water and two cups of cornflour	I SPY GAME Use colours or letters to spy something in the environment	COOKING EXPERIENCE Make lunch together, adults to give ingredient clues, it starts with the letter "C"	COOKING EXPERIENCE Make faces using fruit and veggie pieces. Happy, sad or excited faces. What makes you feel this way?	PLAYDOUGH Make your own playdough. Add a scent, lemon, lavender, mint etc

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DANCING TIME Let's try "Wombat wobble", "Hokey Pokey", "Freeze song" & "Cha Cha slide"	NUMBER HUNT Take a walk and see what numbers you can identify on letter boxes	FINE MOTOR Use stickers, paper, crayons, pencils, textas to draw cut and create	ACTIVE PLAY Tug of war game. Use a towel or sheet. PULL!!!	ACTIVE PLAY Red light... Green light game