

# PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>TRANSITION TO SCHOOL</b> Draw a picture and create a story together. Work together to write the story, showing your child the direction of reading/writing. (left to right).	<b>WHAT'S MISSING?</b> Collect 6 items. Show your child. Ask your child to close their eyes while you remove one item. Your child opens their eyes and say what's missing.	<b>STORYTIME ONLINE</b> Rainbow Fish <a href="https://www.youtube.com/watch?v=ifXlc0QI2kY">https://www.youtube.com/watch?v=ifXlc0QI2kY</a>	<b>YOGA IN THE OUTDOOR ENVIRONMENT</b> When children practice yoga it increases their confidence, builds concentration and strengthens growing bodies. <a href="https://www.youtube.com/watch?v=X655B4ISakg">https://www.youtube.com/watch?v=X655B4ISakg</a>	<b>TRANSITION TO SCHOOL</b> Ways to help your child prepare for school. <a href="https://earlychildhood.qld.gov.au/earlyYears/Documents/chatterbox-3-pages.pdf">https://earlychildhood.qld.gov.au/earlyYears/Documents/chatterbox-3-pages.pdf</a>

## BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>GUIDED MEDITATION</b> <a href="https://annakaharris.com/mindfulness-for-children/">https://annakaharris.com/mindfulness-for-children/</a> 	<b>TRANSITION TO SCHOOL</b> Find words that begin with a certain letter. Can you find a word for every letter in your name?	<b>GOING ON A BEAR HUNT</b> Hide Teddy bears around the house or in the garden. Sing the song and do the actions with your child as you search for the bears. If your child is a little older you might even create a map to help them find the bears, perhaps they could even make their own.	<b>PLAY WITH BAKING SODA SCIENCE</b> A little baking soda and vinegar can open a whole world of fun to tiny scientists. Cover the bottom of a foil tray with baking soda. Fill an ice cube tray with vinegar—for extra fun you can add a drops of food colouring. Add small amounts of the coloured vinegar onto the baking soda to create beautiful patterns.	<b>CARD GAMES</b> Download and print a copy of the playing cards and instructions for bingo, go fish, memory and snap at: <a href="https://earlychildhood.qld.gov.au/earlyYears/Documents/transitions-card-game.pdf">https://earlychildhood.qld.gov.au/earlyYears/Documents/transitions-card-game.pdf</a>

## LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>THROWING NEWSPAPERS!</b> Good for throwing practice and for hand-eye coordination as well as some counting practice too! Super simple to set up – scrunch some newspaper into balls and add a tub or bucket to throw paper balls into.	<b>MOVE AND LEARN SHAPES WITH A BALL + TAPE</b> Create shapes on the floor using tape or chalk on cement. Encourage your child to throw or place the ball into each shape. Ask them to throw the ball into the triangle or square.	<b>TRANSITION TO SCHOOL</b> Involving your child in cooking develops their vocabulary, and gives practice at counting, adding, subtracting and dividing.	<b>COLOR HUNT</b> Create a chart with different colours then walk around and see if you and your child can find the matching colours.	<b>WEET-BIX SLICE</b> <a href="https://www.kidspot.com.au/kitchen/recipes/weet-bix-slice-recipe/s0wqwx-8j?r=collection/cooking-withkids&amp;c=rzo1hmt9/Cooking%20with%20kids">https://www.kidspot.com.au/kitchen/recipes/weet-bix-slice-recipe/s0wqwx-8j?r=collection/cooking-withkids&amp;c=rzo1hmt9/Cooking%20with%20kids</a>

## SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ONLINE LEARNING</b> <a href="https://www.education.com/games/preschool/">https://www.education.com/games/preschool/</a>	<b>GET ACTIVE</b> Follow the tape. Create a zigzag line, curvy line, and straight line then encourage your child to walk on the tape, following the design.	<b>MUSIC AND ART</b> Create musical instruments using recycling materials around your house then play some of your child's favourite music.	<b>NATURE SCAVENGER HUNT</b> The nature scavenger hunt encourages children to use each of their five senses to find the treasures on their hunt. <a href="https://childhood101.com/nature-savenger-hunt/">https://childhood101.com/nature-savenger-hunt/</a>	<b>FOLLOW THE LEADER</b> Begin by explaining to your child that you want them to imitate or copy the things you do. Use language that your child understands. Start with movements like clapping their hands and jumping. Then encourage your child to be the leader.