



HOME LEARNING LINKS

COOKING EXPERIENCE	DESCRIPTION
https://www.healthykids.nsw.gov.au/downloads/file/playgroupsandfamilies/NPR4793%20 CookingDemonstration_recipes-singleApr16%20MONOV2%201%20PIKELETS.pdf	Use the pikelet recipe from Munch n Move to make a healthy snack together.
PLAY DOUGH RECIPE	DESCRIPTION
https://www.kidspot.com.au/kitchen/recipes/collections/play-dough-recipes	Help your child choose a recipe from the fun range avail- able at Kidspot.
MUNCH N MOVE - LUNCHBOX IDEAS	DESCRIPTION
https://healthykids.nsw.gov.au/downloads/file/campaignsprograms/HealthyLunchbox- SnacksPoster.pdf https://healthykids.nsw.gov.au/downloads/file/campaignsprograms/AHealthyLunchbox- Poster.pdf	These Munch n Move resources will help you and your child select a range of healthy lunchbox items and start discussions about healthy and sometimes foods.

COSMIC KIDS YOGA	DESCRIPTION
https://www.youtube.com/user/CosmicKidsYoga	Choose your yoga adventure, exploring mindfulness and relaxation with your favourite children's characters.

STEAM EXPERIMENTS	DESCRIPTION
Slime - <u>https://www.kiwico.com/slime/</u>	Choose from a range of different slime ideas – glitter, glow in the dark, multicoloured, etc.
Volcano - https://inspirationlaboratories.com/10-ways-to-make-a-volcano-with-kids/	A range of different ideas to make a volcano as well as ideas for experiments with baking soda.
LITERACY	DESCRIPTION
LITERACY <u>https://www.youtube.com/watch?v=XstsBiKDpKs</u>	DESCRIPTION Explore phonics, letter recognition and pronunciation with Ants in the Apple.

TTS MATHEMATICS	DESCRIPTION
https://childhood101.com/matching-games-kids/ https://www.howtofixx.com/snakes-and-ladders-template/	See these websites for downloadable templates for the Memory Game and Snakes and Ladders, or use these ideas to make your own!

CHILDREN'S SERVICES PENRITH CITY COUNCIL

penrith.city/childcare