



HOME LEARNING LINKS

GUIDED MEDITATION	DESCRIPTION
https://www.youtube.com/watch?v=jJ9zpRAPlul	Guided meditation helps children relieve stress and
https://www.youtube.com/watch?v=5rymXdOwW68	anxiety, improve self-esteem, feel great (mind, body, and spirit) and develop a positive mental attitude at school and at home.
https://www.youtube.com/watch?v=KAT5NiWHFIU	

SENSORY EXPERIENCES	DESCRIPTION
https://www.bestrecipes.com.au/recipes/playdough-recipe/oyycpq9f	Get messy and have fun while learning.
https://www.learning4kids.net/2012/05/02/how-to-make-gloop/	

BEING ENVIRONMENTALLY AWARE	DESCRIPTION
https://www.abc.net.au/abckids/shows/dirtgirlworld/	Engage in an environmentally aware program.
https://www.dirtgirlworld.com/	

DANCING USING FUNDAMENTAL MOVEMENT SKILLS	DESCRIPTION
https://www.youtube.com/watch?v=rRpMgk1K2RM	This is a great Aboriginal children's album featuring didgeridoo that delivers strong cross-cultural messages
https://www.youtube.com/watch?v=2UcZWXvgMZE	and themes.

LITERACY	DESCRIPTION
https://www.youtube.com/watch?v=_uQulEnxsRo	Enjoy a story from author Julia Donaldson.
https://roomonthebroom.com/	

MATHEMATICS	DESCRIPTION
https://kidgredients.com.au/easiest-ever-ham-cheese-pizza-scrolls/	Explore counting and number sense with cooking
https://www.lizshealthytable.com/2015/03/10/peanut-butter-smiley-faces/	experiences.

CHILDREN'S SERVICES PENRITH CITY COUNCIL