



# HOME LEARNING LINKS

GUIDED MEDITATION AND YOGA	DESCRIPTION
<a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a> <a href="https://www.youtube.com/watch?v=4MmczGBAjM8">https://www.youtube.com/watch?v=4MmczGBAjM8</a> <a href="https://www.youtube.com/watch?v=Bk_qU7I-fcU">https://www.youtube.com/watch?v=Bk_qU7I-fcU</a>	Guided meditation helps children relieve stress and anxiety, improve self-esteem, feel great (mind, body, and spirit) and develop a positive mental attitude at school and at home.
LITERACY	DESCRIPTION
<a href="https://readingeggs.com.au/">https://readingeggs.com.au/</a>	ABC Reading Eggs makes learning to read interesting and engaging for kids, with great online reading games and activities.
BEING ENVIRONMENTALLY AWARE	DESCRIPTION
<a href="https://kids.nationalgeographic.com/">https://kids.nationalgeographic.com/</a>	Find amazing facts about animals, science, history and geography, along with fun competitions, games and more.
E-LEARNING FOR KIDS	DESCRIPTION
<a href="https://www.e-learningforkids.org/">https://www.e-learningforkids.org/</a>	E-learning for kids is a non-profit organisation providing free, fun, curriculum based quality education to all children worldwide.
SCIENCE	DESCRIPTION
<a href="https://thestemlaboratory.com/preschool-stem-activities/">https://thestemlaboratory.com/preschool-stem-activities/</a>	STEM includes the subjects of science, technology, engineering, and math – subjects that are fun for kids of all ages.
COOKING	DESCRIPTION
<a href="https://raisingchildren.net.au/preschoolers/nutrition-fitness">https://raisingchildren.net.au/preschoolers/nutrition-fitness</a>	Preschoolers: food & recipes
MATHEMATICS	DESCRIPTION
<a href="https://www.coolmath.com/">https://www.coolmath.com/</a>	Our brain-training site, for everyone, where logic and thinking meets fun and games.
<a href="https://mathseeds.com.au/">https://mathseeds.com.au/</a>	ABC Math Seeds teaches kids aged 3-9 the core maths and problem solving skills needed to be successful at school with fun, highly interactive and rewarding lessons.