



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRANSITION TO SCHOOL The Black Book of Colours book https://www.youtube.com/watch?v=h5AH-f3-2CU	COOKING EXPERIENCE Fruit and Vegetable Sticks Use some different fruits, vegetables and thread onto a skewer stick.	SUSTAINABILITY Can you regrow anything from your food scraps? Plant a seed you've found.	VISUAL DRAWING EXPERIENCE Draw a picture based on your favourite song.	ACTIVE PLAY Red light, Green light. Outdoor game exploring concepts of actions and reactions.

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITERACY	TRANSITION TO SCHOOL	READING	LITERACY EXPERIENCE	STEM
Make your own story on the concrete with some chalk	Memory recall. What's your favourite book? Can you remember what happens without looking?	Pick a book you've never read. Have a look at the pictures. What do you think will happen?	Research with an adult how to say 'Hello' in another language. What other words can you learn?	Research teabag rockets with an adult. Is this something you can make?

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENSORY	PLAYDOUGH	TRANSITION TO SCHOOL	COOKING EXPERIENCE	TRANSITION TO SCHOOL
Sit outside, close your eyes and listen.	Make your own playdough Add the tea from the	How high can you count?	Make your favourite salad	How many different coloured cars can you
What can you hear?	rockets (Friday STEM).			recognise on a walk?

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FINE MOTOR	ART TIME	DANCING TIME	TRANSITION TO SCHOOL	COLOUR HUNT
How many pegs can you place on one piece of paper?	Go ahead and let your imagination run wild. What can you create?	Dance party with your family. What funny poses can you create?	Think about 'Primary School'. What are you looking forward to most?	Can you find a colour you have never seen before in your house?

CHILDREN'S SERVICES PENRITH CITY COUNCIL