



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| PLAY OUTSIDE Create a hopscotch. Use the game for number recognition and counting | COOKING EXPERIENCE Pizza Scrolls, use puff pastry, pizza toppings or vegemite and cheese | NATURE SCAVENGER HUNT Go on a walk and find materials as you explore, take them home and get creative with some paper and glue | VISUAL DRAWING EXPERIENCE Choose an item from around the home or garden, can you draw it? What shapes do you need to use? | SCREEN TIME Have a look at this https://www.dirtgirlworld.com |

BREAK TIME

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| LITERACY Choose a story and create the characters by dressing up and making props | COSMIC KIDS YOGA https://www.cosmickids.com | ONLINE READING Check out this favourite story - "Room on the broom" https://www.youtube.com/watch?v=XRany_OScms | ART TIME Make water paint. Freeze some coloured water in ice cube trays, add a paddle pop stick or toothpick. Paint a picture | LITERACY EXPERIENCE Make up your own story, ask Mum/Dad to write it out for you on paper. Can you illustrate your story? |

LUNCH TIME (INCLUDING SLEEP/REST TIME)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| SENSORY Make some Gloop . Ingredients: One cup of cold water and two cups of cornflour | I SPY GAME Use colours or letters to spy something in the environment | COOKING EXPERIENCE Make lunch together, adults to give ingredient clues, it starts with the letter "C" | COOKING EXPERIENCE Make faces using fruit and veggie pieces. Happy, sad or excited faces. What makes you feel this way? | PLAYDOUGH Make your own playdough. Add a scent, lemon, lavender, mint etc |

SNACK TIME

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| DANCING TIME Let's try "Wombat wobble", "Hokey Pokey", "Freeze song" & "Cha Cha slide" | NUMBER HUNT Take a walk and see what numbers you can identify on letter boxes | FINE MOTOR Use stickers, paper, crayons, pencils, textas to draw cut and create | ACTIVE PLAY Tug of war game. Use a towel or sheet. PULL!!! | ACTIVE PLAY Red light... Green light game |