



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
POETRY IN MOTION Read a poem to your child and bring your dramatic talents to the reading.	CREATE A COOKBOOK Write down the steps of your favourite recipe with your child. Encourage them to be the illustrator of the recipe.	MAKE READING FUN Read and act out your child's favourite story with them.	EXPLORE THE ENVIRONMENT Engage your child in learning about impacts on the environment using a fun experiment: https://littlebinsforlittlehands.com/oil-spill-experiment/	GET ACTIVE Practice ball throwing skills into a washing basket and kicking between two bins

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GUIDED MEDITATION Your Secret Treehouse https://www.youtube.com/watch?v=DWOHcGF1Tmc	GO ON A BUG HUNT Draw and research any bugs that you find.	CREATE A DIORAMA Use a shoebox as the background, make sea creatures and sea life to place in the diorama.	PLAY WORD GAMES I Spy: Use rhyming words and provide hints, the word starts with the sound "T"	TALENT SHOW Put on a talent show for your family. What is your special talent?

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GET ACTIVE Go on a treasure hunt, hide treasures around the yard, make a map to find them.	ART AND CRAFT Make Origami https://origami.me/diagrams/	PLAY WITH NUMBERS Count by twos. Find objects in the environment that come in pairs.	SHAPES Go on a shape hunt in your house and in your local area, how many shapes can you find?	MAKE A LAVA LAMP https://www.homescience-tools.com/article/how-to-make-a-homemade-lava-lamp-science-project/

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOW TALL ARE YOU? Use different objects around the house to measure height i.e. blocks, books.	GET ACTIVE Play Red Light, Green Light.	MUSIC AND ART Play some music and engage your child in drawing along to the music.	CARDBOARD CUBBY Turn old cardboard boxes into a cubby. You can also use tables and sheets.	VIRTUAL TOUR OF THE OCEAN https://attenboroughsreef.com/