



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EXPLORING NATURE - LEAF PRINTING	TRANSITION TO SCHOOL Fill a container with	LITERACY EXPERIENCE - SEND A LETTER.	MATHEMATICS - HOW TALL ARE YOU?	ART EXPERIENCE Research famous artwork
Collect leaves from the garden. Use a rolling pin to flatten the leaves onto paper. Look at the fine details.	water. Collect a variety of household objects. Will they sink or float?	Draw or write a letter to someone close to you. Seal in an envelope and post at the post office.	Using a measuring tape measure how tall you are. How many toys are needed to measure the same length?	and ask your child to recreate their own version using a black marker.

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRANSITION TO SCHOOL Make a lunchbox of healthy foods with your child. Encourage them to wrap a sandwich, open and close lunchbox.	DANCING TIME Get your body moving. KidzBop - <u>https://</u> www.youtube.com/ watch?v=7oIVwPIYoB0	EXPLORING OUR SENSES Lay in the grass, relax and observe your surroundings. Name the things you can see, hear, feel and smell.	TRANSITION TO SCHOOL Go for a walk or a bike ride to your future primary school. Talk about school routine and road safety.	STORY TIME Read a story together. Talk about the cover, title and direction of print.

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LITERACY	COOKING EXPERIENCE	VIRTUAL FEEDING TIME	SUSTAINABILITY	SCIENCE
Write your child's name in large print. Ask your child to roll out and place playdough on top of their name.	Make some damper with your children.	Watch the live feeding of Elvis the Crocodile at 2pm. <u>https://www.facebook.</u> <u>com/AustralianReptilePark/</u>	Recycle a range of boxes and paper towel rolls to upcycle and create some- thing new.	Explore the chemical reaction of bicarb soda and vinegar. Watch the vinegar bubble when bicarb is added and mixed slowly.

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YOGA	ART EXPERIENCE	GETTING ACTIVE	FINE MOTOR	CONSTRUCTION
https://www.youtube.com/ user/CosmicKidsYoga	Listen to a variety of music whilst engaging in a drawing/ painting activity.	Play an active game of "What's the Time Mr Wolf" or "Duck, Duck Goose"		Using blocks, build a tower. How many blocks did you use?

CHILDREN'S SERVICES PENRITH CITY COUNCIL

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