



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MUSIC TIME Make your own musical instruments. https://feltmagnet.com/crafts/Music-Instruments-for-Kids-to-Make	WHAT'S THE TIME MR WOLF You can play this game indoors or outdoors. Mix it up by making it silent and holding up your fingers to give the number.	SUSTAINABILITY AND CRAFT Make homemade craft using recyclable materials from around the house.	TRANSITION TO SCHOOL Have fun with letters. Find objects around the house using each letter from your name.	SENSORY PLAY Make a squishy sensory bag http://www.learning4kids.net/2015/06/30/how-to-make-squishy-sensory-bags/

BREAK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRANSITION TO SCHOOL Play I spy: Use rhyming words and provide hints, e.g. 'the word starts with the sound 'T''	SCIENCE EXPERIMENT Make a cloud in a jar. Place an ice cube on top of a jar fill with hot water. Adult supervision required.	PLAY OUTSIDE Play a game of hide and seek Take turns to hide, and then to seek!	BUBBLE FUN Make and blow bubbles. Talk about the size, shape and colour. You could also count how many bubbles you can make. https://www.thesprucecrafts.com/make-your-own-bubble-blowing-mixture-1244214	WATCH A LIVE FEEDING What animals can you see being fed today? Draw a picture of the animals being fed. https://www.wildlifesydney.com.au/explore/live-stream

LUNCH TIME (INCLUDING SLEEP/REST TIME)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MUSICAL STATUES Dance, jump, hop and move around while the music is playing. Then freeze like a statue when the music stops.	YOGA Do some yoga together. https://www.youtube.com/user/CosmicKidsYoga	TRANSITION TO SCHOOL Identify shapes around your home. Find basic shapes such as rectangles in the light switch, squares in windows and circles in clocks.	GET CREATIVE Collect sticks, leaves and flowers around the garden. Use these items to make a nature collage.	GET ACTIVE Go on a treasure hunt. Hide items around the yard or inside the house and make a map to find them.

SNACK TIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENSORY Make playdough together. Go around the yard and collect natural materials to use when you play with your playdough.	TRANSITION TO SCHOOL Go on a numeracy walk. Talk about the numbers on the houses and street signs. Do some counting together. Can you recognise any numbers?	DANCING FUN Move your body to active dance songs. You can also use some of your own music to dance to your favourites. www.youtube.com/watch?v=2BbibcNixEw&feature=youtu.be	LISTEN TO A PODCAST Share an episode of little yarns. Each episode will take you on a journey to a different nation to learn a first word on country. https://www.abc.net.au/kidslisten/little-yarns/	TRANSITION TO SCHOOL Choose a favourite story. Read it together then act the story out using props from around your home.