



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works for you in the home.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MUSIC TIME</u> Make your own musical instruments <u>https://feltmagnet.com/crafts/</u> <u>Music-Instruments-for-Kids-</u> <u>to-Make</u>	EXPLORE OUTER SPAC	AND CRAFT	LISTEN TO A STORY Listen to a dreamtime story https://www.youtube.com/watch ?v=c1jHA6QWAhY Draw your version of the rainbow serpent (Paint Penrith REaD)	DEVELOPING LANGUAGE Read a book together, explore the words in the book. Can you find any rhyming words? Look up any words your child doesn't know the meaning of. (Paint Penrith REaD)
BREAK TIME				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
I WONDER	PLAY OUTSIDE	MATHS AT HOME	MASTERCHEF AND MATHS	WATCH A LIVE FEEDING
Create a wonder wall with all the things your child wonders about i.e. I wonder how birds fly.	Engage in a nature scavenger hunt.	Identify shapes in your home. Find basic shapes around the home, such as rectangles in light switches, squares in window panes, and circles in clocks.	Make lunch together, ask your child to measure out the ingredients or count out the slices of bread needed.	Draw a picture of the animals being fed <u>https://www.wildlifesydney.co</u> <u>m.au/explore/live-stream/</u>
LUNCH TIME (including sleep/rest time)				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>A IS FOR APPLE</u> Alphabet song <u>https://www.youtube.com/watcl</u> <u>ELIZKpi1Zs</u> Practice writing the alphabet or your own alphabet book. (Paint Penrith REaD)	make middle or practice	G Choose a question from the wonder wall to learn and	GET CREATIVE Paint the footpath or the outside of the house with water, try painting each other's shadows.	<u>GO ON A</u> <u>NUMERACY WALK</u> Talk about the numbers on the houses, street signs and do some counting together. Can you recognise any numbers?
SNACK TIME				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENSORY Make your own playdough https://www.thebestideasforki ds.com/playdough-recipe/		<u>STEAM</u> Exploring volcanoes http://www.sciencefun.org/kidszone/e xperiments/how-to-make-a-volcano/	ONLINE READING WITH THE AUTHOR https://www.storylineonline.net/b ooks/the-rainbow-fish/ Listen to the Rainbow fish story. Draw and colour your own rainbow fish.	IMAGINE Plan a tea party, pretend to be a dinosaur, let your child's imagination guide you.

CHILDREN'S SERVICES PENRITH CITY COUNCIL

penrith.city/childcare

(Paint Penrith REaD)