



PLAY-BASED LEARNING SCHEDULE

This is a guide with suggestions for at-home play-based learning activities for families. Activities are suggestions and can be moved around during the day, depending on your time availability and what works in your home.

Monday	Tuesday	Wednesday	Thursday	Friday
Play outside Active game "What's the time Mr Wolf?"	Play with words Practice name and shape writing	Visit an online Aquarium Click here to visit the amazing live webcams at Georgia Aquarium	Listen to the radio Click here to visit Kinderling and explore family friendly radio	Be active Ball throwing skills Practice by throwing a ball into a washing basket and then kicking the ball between two bins
BREAK TIME				
Listen to a podcast Click here to visit child-friendly podcasts at ABC - Kids Listen	Make lunch together Adult to give clues to which ingredients are required. E.g. Can you find something that starts with the sound 'h'?	Play outside Play a game of Hide and Seek Take turns to hide, and then to seek!	Play with hands Adult-supervised cutting with scissors Practicing to snip, cut from a magazine, cutting playdough (or plain flour mixed with water)	Screen time Watch a story and at the end discuss what you heard and saw Play School Story Time
LUNCH TIME (including sleep/rest time)				
Read a book together Talk about the cover, title page, author, illustrations and what the story was about.	Arts and craft Make some craft and share a picture of what you have made with your Childcare Centre.	Play with numbers Encourage your child to build a tower, collect X amount of coloured items from around the house.	Play with words Make up a silly rhyme and share with your Childcare Centre	Make a treat together Talk about measurements and ingredients needed. Please share your recipe with your Childcare Centre.
SNACK TIME				
Play with numbers Practice counting items of interest such as teddies, flowers, books	Get active Play musical chairs or do some relaxing yoga Click here for a fun introduction to Yoga for Kids	Read a book together Start by reading a book together, then encourage your child to draw something about the story	Imaginative play Play dress ups and act out various roles	Virtual tour of Uluru Click here to view a 360 virtual tour of Uluru